













CHILDREN'S WINTER MENU-WEEK 1



	Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast	Assorted cereals and Toast options available				
 Morning Tea	Yoghurt with Fruit and Granola	Assorted Fruit Platter with Milk	Toast with Assorted Spreads	Yoghurt and Fruit Smoothie's, with Fresh Fruit	Assorted Fruit Platter with Milk
 Lunch	Vegetarian Pumpkin Pasta Bake with Steamed Veg and Bread	Sausages, Mash and Steamed Veggies with Bread	Assorted Sandwiches	Butter Chicken with Rice and Naan Bread	Pumpkin soup with Pasta and Bread
 Allergy Alternative	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements
 Afternoon Tea	Fruit platter with Rice Cakes and Spread	Munch Platter	Sausage rolls with Sao's and Spreads	Banana Bread and Dried Fruit	Pineapple Cake served with Fruit
 Late Snack	Assorted Fruit Platter and Crackers				







CHILDREN'S WINTER MENU- WEEK 2 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast	Assorted cereals and Toast options available				
 Morning Tea	Seasonal Fruit Platter and Milk	Porridge served with Berry Compote and Fruit	Coconut Slice with Fruit	Toast with Assorted Spreads and Fruit Platter	Yoghurt, Fruit Salad and Muesli
 Lunch	Vegetable Mac and Cheese with Bread	Cottage Pie with Mash and Bread	Creamy Chicken Carbonara with Steamed Veggies	Assorted Sandwiches	Homemade Pizza
 Allergy Alternative	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements
 Afternoon Tea	Scones with Jam and Cream	Pancakes with Jam and Whipped Coconut Cream	Apple and Cinnamon Scrolls with Dried Fruit	Fruit Salad Cake with Milk	Munch Platter
 Late Snack	Assorted Fruit Platter and Crackers				







CHILDREN'S WINTER MENU-WEEK 3 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast	Assorted cereals and Toast options available				
 Morning Tea	Assorted Fruit Platter and Milk	Coconut and Pear Cake with Whipped Coconut Cream	Cruskits with Assorted Spreads and Yoghurt Fruit Smoothies	Assorted toast with Spreads and Milk	Assorted Fruit Platter and Milk
 Lunch	Vegetarian Potato Curry with Rice and Bread	Spaghetti Bolognese with Steamed Veggies	Apricot Chicken with Rice and Bread	Assorted Sandwiches	Tuna Pasta Bake with Bread
 Allergy Alternative	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements
 Afternoon Tea	Choc chip Banana Cake with Fruit Pieces	Assorted Fruit with Sandwiches	ANZAC Slice and Fruit pieces	Fruit Cake with Whipped Coconut Cream	Pumpkin Scones with Jam and Cream
 Late Snack	Assorted Fruit Platter and Crackers				







CHILDREN'S WINTER MENU-WEEK 4 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast	Assorted cereals and Toast options available				
 Morning Tea	Assorted Fruit Platter with Milk	Yoghurt, Muesli and Fruit pieces	Sultana Cake with Milk	Toast with assorted toppings and Fruit Pieces	Fruit Toast and Milk
 Lunch	Vegetable Coconut Curry with Rice and Bread	Beef Noodle Stir-fry with Steamed Veggies	Chicken Stroganoff with Rice and bread	Assorted Sandwiches	Chicken and Spinach Fettuccine with Steamed Veggies
 Allergy Alternative	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements	Same as all, adjusted to suit allergy requirements
 Afternoon Tea	Beetroot Brownies and Fruit pieces	Coconut and Jam Slice with Dried Fruit	Assorted Fruit Platter with Crackers	Banana Pancakes with Cream and Jam	Vegemite Scrolls with Fruit pieces
 Late Snack	Assorted Fruit Platter and Crackers				







NURSERY WINTER MENU-WEEK 1 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast	Assorted cereals and Toast options available				
 Morning Tea	Yoghurt with Assorted Fruit	Porridge served with Berry Compote and fruit pieces	Toast with Assorted Spreads	Yoghurt and Fruit Smoothie's, with Fresh Fruit	Assorted Fruit Platter with Milk
 Lunch	Vegetarian Pumpkin Pasta Bake with Steamed Veg and Bread	Sausages, Mash and Steamed Veggies with Bread	Assorted Sandwiches	Butter Chicken with Rice and Naan Bread	Beef Taco's with Salad
 Allergy Alternative	Same as all, adjusted to suit allergy requirements, Fresh Puree Fruit and Veg everyday	Same as all, adjusted to suit allergy requirements, Fresh Puree Fruit and Veg everyday	Same as all, adjusted to suit allergy requirements, Fresh Puree Fruit and Veg everyday	Same as all, adjusted to suit allergy requirements, Fresh Puree Fruit and Veg everyday	Same as all, adjusted to suit allergy requirements, Fresh Puree Fruit and Veg everyday
 Afternoon Tea	Fruit platter with Rice Cakes and Spread	Munch Platter	Sausage rolls with Sao's and Spread	Banana Cake with Fresh Fruit	Pineapple Cake with Fresh Fruit
 Late Snack	Assorted Fruit Platter and Crackers				







NURSERY WINTER MENU-WEEK 2 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast	Assorted cereals and Toast options available				
 Morning Tea	Seasonal Fruit Platter and Milk	Fruit Toast with Milk	Coconut Slice with Fruit pieces	Toast with Assorted Spreads and Fruit Platter	Yoghurt, Fruit Salad and Muesli
 Lunch	Vegetable Mac and Cheese with Bread	Cottage Pie with Mash and Bread	Creamy Chicken Carbonara with Steamed Veggies	Assorted Sandwiches	Homemade Pizza's
 Allergy Alternative	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily
 Afternoon Tea	Scones with Jam and Cream	Fruit Salad Cake with Dried Fruit	Apple and Cinnamon Scrolls with Dried Fruit	Pancakes with Jam and Whipped Coconut Cream	Munch Platter
 Late Snack	Assorted Fruit Platter and Crackers				







NURSERY WINTER MENU-WEEK 3



	Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast	Assorted cereals and Toast options available				
 Morning Tea	Assorted Fruit Platter and Milk	Coconut and Pear cake with Whipped Coconut Cream	Cruskits with Assorted Spreads and Yoghurt Smoothies	Toast with Assorted Spreads and Milk	Assorted Fruit Platter and Milk
 Lunch	Vegetarian Potato Curry with Rice and Bread	Spaghetti Bolognese with Steamed Veggies	Apricot Chicken with Rice and Steamed Veggies	Tuna Pasta Bake with Bread	Assorted Sandwiches
 Allergy Alternative	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily
 Afternoon Tea	Choc Chip Banana cake with Fruit Pieces	Assorted Fruit with Sandwiches	ANZAC Slice and Fruit pieces	Fruit Cake with Whipped Coconut Cream	Pumpkin Scones with Jam and Cream
 Late Snack	Assorted Fruit Platter and Crackers				

NURSERY WINTER MENU-WEEK 4



	Monday	Tuesday	Wednesday	Thursday	Friday
 Breakfast	Assorted cereals and Toast options available				
 Morning Tea	Assorted Fruit Platter with Milk	Yoghurt, Muesli and Fruit pieces	Sultana Cake with Milk	Toast with assorted toppings and Fruit Pieces	Fruit Toast and Milk
 Lunch	Vegetable Coconut Curry with Rice and Bread	Beef Noodle Stir-fry with Steamed Veggies	Chicken Stroganoff with Rice and bread	Assorted Sandwiches	Chicken and Spinach Fettuccine with Steamed Veggies
 Allergy Alternative	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily	Same as all, adjusted to suit allergy requirements, Fresh Fruit and Veg Puree made daily
 Afternoon Tea	Beetroot Brownies and Fruit pieces	Coconut and Jam Slice with Dried Fruit	Assorted Fruit Platter with Crackers	Banana Pancakes with Cream and Jam	Vegemite Scrolls with Fruit pieces
 Late Snack	Assorted Fruit Platter and Crackers				